

Lead Prevention THE UNIVERSITY of TENNESSEE Quarterly Newsletter Extension

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Web site
to check out:

www.afhh.org

Alliance For
Healthy Homes

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Preventing Lead Poisoning: Simple things you can do at home

SP 605-B

Keep your home clean and dust free.

Remember to wet mop your floors every week. Wipe all window sills with a damp sponge.

Always take off or wipe your shoes before you enter your house.

Lead dust and soil can enter the home from outside. If you cannot take off your shoes before going into the house, thoroughly wipe them with a damp cloth or on a doormat.

Change out of work clothes.

If you work in places such as radiator repair shops, battery manufacturing plants and lead smelters, you can bring home lead dust on your clothes and skin.

Never sand, burn or scrape paint that contains lead!

Test painted surfaces for lead.

If you are thinking about remodeling, have the paint tested. There are certain things that you must do if working with lead-based paint.

Feed your family healthy meals and snacks.

Eating regular, healthy meals and snacks helps children and makes it harder for lead to hurt them.

Wash children's hands before they eat or drink! Always use soap and warm water.

Never use older dishes or imported and handmade dishes for cooking or serving food.

Do not store food or drink in dishes that might contain lead-based paint.

Stay away from hobbies that use lead, especially if you are pregnant.

Recall for lead poisoning

Almost every day it seems a child's toy or item is recalled for lead poisoning. We post these recalls on the Childhood Lead Poisoning Prevention web page. Please look at this page often for updates.